

## JOY IS YOURS

### JOHN 16:19-24

BACKGROUND: You have seen the importance of daily visiting with Jesus, just you and Him. Now see why joy is yours.

**BY FORGETTING YOUR OLD LIFE** of darkness, cruelty, shame, unforgiveness, and guilt, in which you lived without love, hope, and joy and giving it to Jesus. He crucified it when He died on the cross, and He gives you a new life when you trust Him. This new life is His resurrected life. With Jesus living His life in you by His Holy Spirit, you need never look back; and you can begin to experience His joy. He promises that His Spirit will live in you forever. (**Isaiah 1:18, I John 1:9, Romans 6:6, Ephesians 2:4-9, John 16:19-24**) *Are you experiencing joy? How could you experience joy?*

**BY DELIGHTING YOURSELF IN THE LORD JESUS.** When you daily open your heart to Jesus, He draws you closer to Himself and allows you to experience His presence. Then, by your gift of faith, the Holy Spirit gives you joy. **John 15:9-12, John 14:15-21, Philippians 4:4, Psalm 37:4, Romans 15:13, Galatians 5:22, I Peter 1:8-9**) *How could opening your heart to Jesus give you joy?*

**BY DISCOVERING THAT GOD'S WORD IS FOR YOU.** Joy comes by spending intimate time alone with Jesus as He gives you understanding of His Word. Joy also comes in your small group of other believers, where God's Word and the joy of the Holy Spirit is shared. (**John 17:13, I Thessalonians 2:13, Hebrews 4:12, Psalm 19:8, Hebrews 10:24-25**) *What is the best time for you to daily spend time with Jesus in His Word? How could your small group help you to have joy?*