

DEVELOP YOUR “SKILLS” FOR A “QUIET TIME”

(SET YOUR MIND—II)

ROMANS 8:5-13

How did you see God working in your life this week? (Romans 1:11, 12)

BACKGROUND: Developing your personal relationship with Jesus not only takes time but the development of your “skills.” Your “quiet time” (a one on one time with the Lord) is uniquely crafted for you and by you.

BY FAITH, TRUST GOD’S PRESENCE. In developing your unique “skills” for a quiet time, consider how others succeed. Bettye spends time (a.m. or p.m.) in the Bible asking God to “speak” to her through His Word. Jessica prays, reads, and stops when she feels the Holy Spirit is leading her to write something down. Jim, while studying the Bible (usually early in the morning) prayerfully and meditatively asks God to help him understand God’s message to him. All experience God’s presence, which contributes to the process of sanctification. **(Romans 8:6, Mark 1:35, fn 1:35, Matthew 6:5-13, fn 6:9[1ST], Luke 18:1, fn 18:1, II Corinthians 3:14-18, fn 3:18)** *Share with your group your method of “quiet time” or your plans to begin a “quiet time”.*

BY FAITH, TRUST GOD’S WILL. God has a plan for your life on earth and for your life to come. You are precious to God. He is working in you and preparing you so that in all circumstances and every life event you stay controlled by the Holy Spirit. Time spent with the Lord helps you accept God’s will in your life. **(Romans 8:9-11, fn 8:11, Romans 8:28, fn 8:28, John 14:1-3, 19-21, fn 14:2, 3, fn 14:19-21, I Thessalonians 5:18, fn 5:18, Hebrews 10:32-36, fn 10:32-36, fn 10:35-38)** *How could a quiet time help prepare you for your future?*

BY FAITH, TRUST GOD’S POWER. You not only have God’s Word to help you develop your “quiet time” skills. You have Christ in you! “Christ in you,” “in Christ,” or “the Holy Spirit in you” is mentioned 130 times in the 13 Epistles. (Verification unknown) Christ in you means that you have Christ’s power in you! During “quiet times” led by the Holy Spirit, you “put to death the misdeeds of the body.” **(Romans 8:10-14, fn 8:13, Hebrews 4:12-16, fn 4:14, I John 1:5-10, fn 1:8-10, Psalm 66:18-20, fn 66:18, Jude 20-25, fn 20, fn 24, 25[3rd])** *How is a “quiet time” invaluable in overcoming a sin issue?*

Check up—Are you praying with your spouse and your family? Group—Pray for personal requests and bond together by fellowshiping together.

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